



Revisiting the Basics

**TOSA CON 2024**

**01<sup>st</sup> - 04<sup>th</sup> FEBRUARY | KARIMNAGAR**

[www.tosacon2024.com](http://www.tosacon2024.com)



**V Convention**

Bommakal, Bypass Road, Karimnagar



Organised by  
**Karimnagar Orthopaedic Surgeons Association**



# *9 Annual Conference Of* **TELANGANA ORTHOPAEDIC SURGEONS ASSOCIATION**

Welcome to the 9th Annual Conference of the Telangana Orthopaedic Surgeons Association (TOSACON 2024) With a legacy of eight successful conferences behind us, the 9th Annual Conference of Telangana Orthopaedic Surgeons Association will undoubtedly raise the bar even higher. Together, we will explore the latest breakthroughs, innovative techniques, and best practices in orthopaedic surgery. It's an occasion to celebrate our achievements, learn from one another, and reinforce our commitment to improving patient care.

Our mission has always been to promote excellence in orthopaedic care, and this conference is a testament to that commitment. We have curated a diverse program, including thought-provoking discussions, hands-on workshops, and presentations from some of the most respected figures in the field.

As we come together, let us remember the immense impact our collective knowledge and expertise can have on improving the lives of countless individuals. Through collaboration and shared learning, we can continue to elevate the standards of orthopaedic care in Telangana and beyond.

We look forward to the knowledge exchange, camaraderie, and inspiration that will mark the next few days So, let's seize this opportunity to connect, collaborate, and leave a lasting impact on the field of orthopaedics.

With Regards



**Prof. Dr. J. Mothilal**  
Organising Chairman



**Prof. Dr. Bangari Swamy**  
Organising Secretary



## Prof. Dr J Mothilal

### Organising Chairman

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Dear Friends,

It is my privilege and honor to be a part of the organizing committee of TOSACON 2024 and I am happy to invite you all to participate in this conference, to be held at V Convention, Karimnagar on the 1st – 4th February 2024. Within a short time after its formation, TOSA proved to be able to conduct conferences with excellent scientific content and great hospitality. We are trying hard to raise the benchmark further this time.

We planned sessions to cover the recent advances and latest technologies in different sub-specialties of Orthopedics with faculty drawn from various parts of our country and abroad. There will be sessions on tried and tested techniques for the benefit of all practicing orthopedic surgeons. We have sessions for the young brains too to showcase their work and fine-tune their presentation skills.

As our tradition, we are not only concentrating on providing the best of academics but also an opportunity to socialize and make new friends in an enthralling gala dinner. I look forward to meeting you all during the conference

With best regards



**Prof. Dr Bangari Swamy**  
**Organising Secretary**  
**President KOSA**

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Dear Friends,

Season's Greetings to you and your family from the Organising Team of TOSACON 2024.

We are through with the Pandemic, and we are back to Physical Academic Meetings. At 9th TOSACON during February 2024, we are planning for an academic extravaganza.

The theme of the conference is "Revisiting The Basics"

As per the theme, the academic program is planned to deliver excellence based on both evidence and expertise. Highlights of the TOSACON 2024 include Eponymous Lectures, addressing controversial topics, exposure to advances like robotics, and unlearning wrong ways both by evidence and learning from expertise.

At TOSACON 2024, we offer Break from the Routine & A taste of good times. We are looking forward to providing you with Academic Feast, also provide you with a platform for a great time to network and catch up with friends.

The scientific program would be, however, incomplete without your participation and we sincerely hope that you will consider not only your attendance but also your submission of abstracts, the presentation, which forms a major and important part of the Conference, and dissemination of knowledge.

We have selected the venue as V Convention, Karimnagar which has the facilities to deliver an uninterrupted scientific feast to the delegates.

A large trade area planned as an opportunity for many trade partners and surgical equipment and implant manufacturers to showcase their new products and offer them to the delegates of the conference.

We assure you that this phenomenal happening will be crammed with distinction and prowess in academic socio-cultural, sports fiesta, food & dining.

We embrace you all with warm wishes and greetings

Welcome to TOSACON 2024, Karimnagar





## **Dr K Vamshidhar Reddy**

**Secretary KOSA**

**Co-Organising Secretary, TOSACON**

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Dear Friends,

It is a Great Pleasure and Privilege to invite You to TOSACON 2024 at Karimnagar.

I am sure that, with the untiring efforts of the Organizing team, Knowledge diffusing Teachers, Academicians, Experts, eager learning Juniors, Supportive Surgical, Medicals and Your active participation, it is going to be a fruitful event for everyone.

Orthopaedic Surgery and its Sub-specialties are expanding in awareness, equipment, and expertise at supersonic speed every year. The Orthopaedic Generations are adding up at least one in every 10 years. New thoughts, procedures and gadgets are growing with more and more young surgeons taking up our stream of Specialty. With the progress of Sub-specialties and advent of Super comfortable instrumentation, a significant number of Lady Surgeons are selecting the field of Orthopaedics. Organizers are making all out efforts to adjust all these Generations, Sub-specialties and Surgeons in the given four days program from 1st – 4th February 2024.

We wish you to be our guest with your family and enjoy the Academics with Hospitality.

Awaiting to receive you at Karimnagar.

# TOSA OFFICE BEARERS



**Dr B Vijay Bhaskar**  
President



**Dr Y Timma Reddy**  
President Elect



**Dr Srinivas Kasha**  
Secretary



**Dr K Ramesh**  
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**Dr Raja Ramesh B**  
Joint Secretary

# ORGANISING COMMITTEE



**Dr I Sridhar Rao**  
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**Dr B Laxman**  
Chief Patron



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Organising Chairman



**Dr D Narsimlu**  
Organising Co-Chairman



**Prof. Dr Bangari Swamy**  
Organising Secretary



**Dr K Vamshidhar Reddy**  
Co-Organising Secretary



**Dr V Chandra Shekar**  
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**Dr D Narsimlu**  
Honorary President

**Dr Bangari Swamy**  
President

**Dr K Vamshidhar Reddy**  
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**Dr V Chandra Shekar**  
Treasurer

## EXECUTIVE MEMBERS

**Dr V Ram Reddy**  
**Dr A Pavan Kumar**  
**Dr V Raja Abhishek**  
**Dr R Shashikanth**  
**Dr CH Vamshi Krishna**

**Dr A Venkat Reddy**  
**Dr V Abhilash**  
**Dr Sudheer Dwarak Naidu**  
**Dr N Kumar Goud**  
**Dr Krishna Kumkumalla**

**Dr B Shiva Kumar**  
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**Dr G Venu**  
**Dr V Chandra Shekar**  
**Dr B Keerthana**



# Sub Committees

## Scientific Committee

### Chairman

Dr A Venkat Reddy

### Co- Chairman

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### Members

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Dr B Keerthana

Dr B Anudeep

Dr Md Abdul Khadeer

Dr K Varun Krishna

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### Co- Chairman

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### Members

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Dr M Anil Reddy

Dr S Thirupathi

Dr Sudheer Dwarak Naidu

## Workshop Committee

### Chairman

Prof Dr Bangari Swamy

## Registration Committee

### Chairman

Dr Ch Ramu

### Members

Dr Vamshi Chatla

Dr G Naresh

Dr B Dhanraj

## Reception Committee

### Chairman

Dr B Shiva Kumar

### Members

Dr B Keerthana

Dr Iftheekar Ali

## Trade & Exhibition Committee

### Chairman

Dr D Narsimlu

### Members

Dr V Chandrashekhar

Dr Krishna Kumkumalla

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Dr R Shashikanth

Dr C Venu Gopal

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Dr V Ram Reddy

### Members

Dr V Raja Abhishek

Dr G Venu

Dr R Shashikanth

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### Members

Dr V Raja Abhishek

Dr Md Abdul Khadeer

Dr Krishna Kumkumalla

## Entertainment & Cultural Committee

### Chairman

Prof. Dr Laxminarayana

### Members

Prof Dr Bangari Swamy

Dr Vera Reddy

## G.R.O.W.T.H Committee

Dr B Keerthana

# Conference Highlights

6 Conference Workshops	CME	Eminent Faculty
Expert Panel Discussions	Orations	Gala Dinner
Trade Exhibition	Keynote Addresses	Quiz Session

# Conference Key Dates

Early Bird Registration	15th December 2023
Regular Registration	31st December 2023
The Last Date for Abstract Submission	31st December 2023
CME	02nd February 2024
Scientific Program	03rd & 04th February 2024
Conference Workshop	01st February 2024
Inaugural Ceremony	03rd February 2024
Trade & Exhibition	03rd & 04th February 2024
Banquet Dinner	03rd February 2024



# Abstract Submission

Abstract submission last date

05th January 2024

Last date for changing the presenting author of and abstract

10th January 2024

Last date for registration and payment of registration fee for presenting authors

15th January 2024

Notification of abstract acceptance / refusal

16th January 2024

## Abstract Can Be Submitted on the Following Topics

### ARTHROSCOPY AND SPORTS MEDICINE

- Knee
- Shoulder
- Miscellaneous

### HIP

- Arthroplasty
- Osteotomy
- Dysplasia
- Miscellaneous

### BASIC SCIENCE

- Tissue Engineering
- Biomechanics
- Biomaterials and Implants
- Allografts
- Cartilage
- Miscellaneous

### FOOT AND ANKLE

- Foot Trauma
- Diseases
- Miscellaneous

### TRAUMA

- Upper limb
- Lower limb
- Pelvis
- Polytrauma Management
- Road Trauma
- Miscellaneous

### TECHNOLOGY

- Navigation
- Robotic
- Miscellaneous

### SHOULDER AND ELBOW

- Arthroplasty
- Soft Tissue Reconstruction
- Instability
- Miscellaneous

### KNEE

- Arthroplasty
- Soft Tissue Reconstruction
- Osteotomy
- Miscellaneous

### PAEDIATRICS

- Upper Extremity
- Lower Extremity
- Limb Lengthening
- Rehabilitation
- Clubfoot
- Miscellaneous

### HAND

- Trauma
- Reconstruction
- Miscellaneous

### SPINE

- Congenital
- Trauma
- Degenerative
- Cervical Spine
- Lumbar Spine
- Deformities
- Infections
- Spinal Cord Injuries
- Surgical Techniques

### MINIMALLY INVASIVE SURGERY

### ORTHOPAEDIC ONCOLOGY

### INFECTIONS

### OTHERS

## Conference Workshops

1st FEBRUARY 2024

### Primary TKR Workshop

Venue: PIMS, Karimnagar

**Dr I Praveen Rao**  
Course Director

**Dr Abhilash**  
Course Co-ordinator

### Degen Spine Workshop

Venue: CAIMS, Karimnagar

**Dr V Surya Prakash Rao**  
Course Director

**Dr A Pavan Kumar**  
Course Co-ordinator

### Pelvi Acetabular Workshop

Venue: Renee Hospital, Karimnagar

**Dr M Uday Krishna**  
Course Director

**Dr K Vamshidhar Reddy**  
Course Co-ordinator

### Basic Principles of Fracture Management Workshop

Venue: Hotel Swetha, Karimnagar

**Dr V Jagan Mohan Reddy**  
Course Director

**Prof. Dr Bangari Swamy**  
Course Co-ordinator

### Total HIP Arthroplasty Workshop

Venue: V Convention, Karimnagar

**Dr Srinivas Kasha**  
Course Director

**Dr V Chandra Shekar**  
Course Co-ordinator

### Arthroscopy Workshop

Venue: V Convention, Karimnagar

**Dr P S Jaya Prasad**  
Course Director

**Dr A Venkat Reddy**  
Course Co-ordinator

\*Delegates can choose any 2 workshops which they can prioritize as per their wish

\*Allotment is on FIRST-COME-FIRST basis by the scientific workshop committee

\*Limited Slots Per each workshop

\*Only for Registered Delegates

# Registration Information

Category	Early Bird 31 <sup>st</sup> Dec 2023	Regular 10 <sup>th</sup> Jan 2024	Late 25 <sup>th</sup> Jan 2024	Spot 01 <sup>st</sup> Feb 2024	<p>Scan QR code to register</p> 
Member TOSA	₹ 4000	₹ 6000	₹ 8000	₹ 10000	
Non-Member TOSA	₹ 5000	₹ 7000	₹ 9000	₹ 11000	
Post Graduate Student	₹ 3000	₹ 5000	₹ 7000	₹ 11000	
Accompanying Delegate	₹ 5000	₹ 7000	₹ 9000	₹ 11000	
Workshop (Consultant)	₹ 1500	₹ 2000	₹ 2500	₹ 3000	
Workshop (Post Graduate)	₹ 750	₹ 1150	₹ 1750	₹ 2250	
Banquet	₹ 1500	₹ 2000	₹ 2500	₹ 3000	

## NOTE

❖ Registration fee does not include GST 18%	❖ Above Registration fee includes Workshop & Conference
❖ TOSA Member (above 65 Years) Registration is complementary	❖ Delegate kit will be provided for spot Registrations, subject to availability
❖ Please send us the filled registration form captured image along with transaction details to <a href="mailto:tosacon2024knr@gmail.com">tosacon2024knr@gmail.com</a>	❖ For online registration 3% surcharge will be applicable for Debit/Credit Card & UPI payments (Via Payment Gateway)

## Conference Venue





# Host City Information



Karimnagar is also known as Elagandula (Ancient name) is a city and District Headquarters in the Indian state of Telangana. Karimnagar is a major urban agglomeration and fifth largest city in the state. It is governed by the Municipal Corporation and is the headquarters of the Karimnagar district. It is situated on the banks of Manair River, which is a tributary of the Godavari River. It is the fourth largest and fastest growing urban settlement in the state, according to 2011 census. It has registered a population growth rate of 45.46% and 38.87% respectively over the past two decades between 1991 and 2011, which is highest growth rate among major cities of Telangana. It serves as a major educational and health hub for the northern districts of Telangana. It is a major business center and widely known for its agricultural and granite industries, earning the nickname "City of Granites."

It has been selected as one of the hundred Indian cities to be developed as a smart city under PM Narendra Modi's flagship Smart Cities Mission by replacing Hyderabad

## Places to Visit – Karimnagar



**Nagnur Fort**



**Elgandal Fort**



**Lower Manir Dam**



**Vemulawada Raja Rajeshwara Swamy**





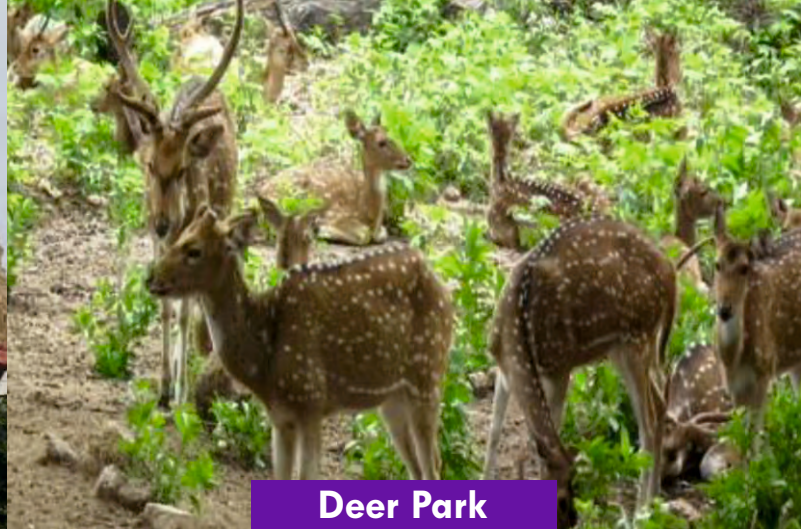
**Kondagattu Anjaneya Swamy Temple**



**Molangur Fort**



**Dharmapuri**



**Deer Park**

## Conference Secretariat

### Renee Hospital

3-7—01 & 02, Indira Nagar, Karimnagar

### Dr Bangari Swamy

Organizing Secretary

### Dr M Navya

Phone: 8598886666

### Mr Sridhar

Phone: 9989540854

[tosacon2024knr@gmail.com](mailto:tosacon2024knr@gmail.com)

[www.tosacon2024.com](http://www.tosacon2024.com)

## Professional Conference Organiser

### Mr. Thirupathi Atkapuram, CEM

Director - Operations

### Ms. Sruthi K

Project Manager

9515190362

[sruthi.kalikota@meetyevents.com](mailto:sruthi.kalikota@meetyevents.com)

### Mr. Venugopal Ch

Asst. Project Manager

8885449061

[venugopal.chintapalli@meetyevents.com](mailto:venugopal.chintapalli@meetyevents.com)



### Meety Events Private Limited

1-8-343, 1st Floor, MNJ Palace, IAL Colony,  
Begumpet, Secunderabad 500003

[meetyevents.com](http://meetyevents.com)